

Athletic Risk Acknowledgement Statement

Dear Parent/Guardian

Athletics is an important part of a student's middle school experience and we are glad you have chosen to participate in our athletic program. It is our duty to inform you that the potential for injury exists in any sport, practice and competition, and at all levels. These injuries may range from minor bruises and scrapes to disabling injuries such as severe ligament damage, brain damage, spinal cord paralysis and death.

This notice is not meant to deter you from permitting your son/daughter to participate. Although severe injury in athletics is not common, injuries are inevitable and cannot be completely eliminated. There are certain preventative measures which can be taken, one of the most important is to maintain good general conditioning which prevents injury and decreases "down time" when an injury does occur. In general, athletes must follow all safety instructions, use correct technique and skills, use appropriate equipment that fits correctly, inspect equipment daily for proper working condition, wear appropriate shoes for the activity, report all injuries to the coach immediately, follow guidelines for return to play after injury, and receive a physical exam upon entering the middle school or following an injury of a serious nature.

The following is a risk acknowledgement and consent to participate. Do not sign this form if you have any hesitations and are not willing to accept the risks described above.

I understand that the risks involved in athletics range from minor to severe. I recognize the possibility that my child may die, become paralyzed, or suffer brain damage as a result of participation in this sports program. I realize that neither the protective equipment and padding used in the safety, rules or procedures of the sport, the coaching instruction received will guarantee safety or prevent injuries that my child may sustain. I agree to accept these risks as a condition of my child's participation in this program. I further agree not to hold the Londonderry School District or its Coaches responsible for any injury, loss or damage that occurs to my child as a result of participating in Sports.

Athletes Name _____

Grade _____

Athletes Signature _____

Date _____

Parent/Guardian Signature _____

Date _____

Sport _____

Do not sign this form if you have questions or concerns!

Revised 6/2004

LMS Athletic Eligibility Form

1. To be eligible for school activities, a student must be in good standing – that is, not on suspension (in or out of school) during the day of the school activity.
2. No students who arrives to school after 8:35 a.m. or who leaves school before the end of the school day will be permitted to participate in a practice, game, meet or match. A student who is absent on Friday will not be allowed to participate in any weekend competition. The administration has the right to grant an athlete permission to participate if the parent/guardian can verify a legitimate reason for missing any part of the school day. (i.e. – doctors appointment, dentist appointment or family emergency.) The student must then get a pass from the administration allowing him/her to participate. The pass must be given to the coach.
A student who has been suspended (in or out of school) may not participate in any activity on the day the suspension begins. If the student is suspended for more than one eight period day, then the proceeding policy continues for each day of the suspension.
In both of the above cases, the student is suspended from the team for the game or practice. *See Discipline Policies.*
3. Students who violate policy JFCH/JFCI regarding possession, use and/or transfer of drugs and alcohol will lose their eligibility to participate in co-curricular activities for 180 days. If the violation occurs off school district property, the athlete shall be suspended for the remainder of that sport season, including playoffs.
4. In order to be a member of an athletic team, students must be passing all classes during the previous marking quarter. Students who wish to participate in a fall sport must pass all classes during the fourth quarter marking term. (Exception: Incoming 6th graders start with a clean slate.) Eligibility begins or ends with the distribution of the quarterly report card. Students who fail no more than one course will be place on probation and required to fill out weekly progress reports for the remainder of the quarter. Students failing 2 or more classes shall be declared ineligible until the next report card is issued. (Progress reports do not declare a student eligible).
5. Students are responsible to school first. A student who acts in an inappropriate manner or fails to keep up with his/her class work may be placed on academic probation and would follow the requirements listed above.

I understand the eligibility requirements stated above.

Student-Athlete Signature _____

Parent/Guardian Signature _____

Sport _____

Revised 6/2006